



FAB – Walkie Talkie

A weekly 2 mile walk (approximately 4,500 steps)
around the Common – **9-10.15 am each Thursday**
Meeting point; The Ginger Pig

Meet new people, have a good old catch up, add some movement to your week, and enjoy a hot drink at the Bandstand Cafe

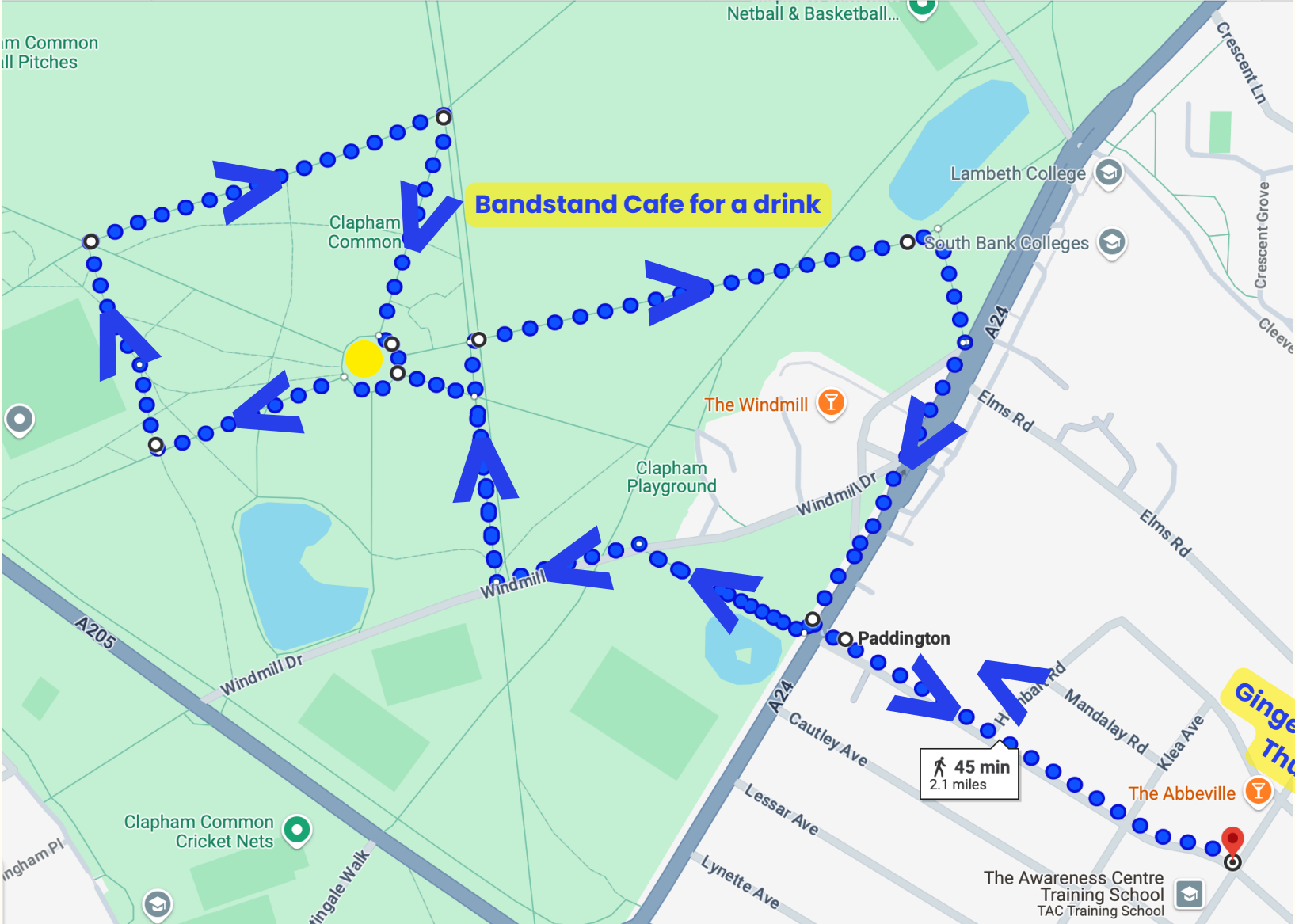
All people welcome, plus babies, and pre-schoolers

The route will be pushchair friendly

If you are able, we ask for a £5 monthly donation to raise money, and add some accountability on making it each week



The route



£5 per month subs - if you're able