

BONNEVILLE PRIMARY SCHOOL

Success for today, prepared for tomorrow

Tuesday 11th June 2024

Dear Parents and Carers

This term we will be using our PSHCE (Personal, Social, Health, Citizenship and Enterprise Education) curriculum time to teach our RSE (Relationships and Sex Education) syllabus.

The focus this half-term will be on teaching the fundamental building blocks and characteristics of changes, with particular reference to family relationships, and developmental changes as children grow mentally, emotionally and physically.

The main focus for each year group will be:

Early Years:

RSE:

- Identifying friendships, they have that will continue into year 1
- Identifying their relationships with the adults in EYFS and the relationships they will build with their new teacher
- Children will begin to consider what makes a good or bad friend
- They will identify positive attachments to adults and friendships with peers.

Changes

- The children will discuss what change is, identifying different changes they might have experienced (even down to very small things such as changing their clothes). Children will look at big and small changes through life (for example, changing schools or changing your lunch option)
- Children will begin to understand the change of learning they will experience, from free choosing to structured lessons at tables
- Children will identify changes they think might happen when moving into year 1, but also identify the similarities (same school, same children, same uniform, same dinner hall etc.).

Year 1:

RSE

- The topic of 'different families' will be introduced, with the children considering the individuals that make up their family and beginning to acknowledge the different kinds of family structures.
- The children will consider what makes males and females different
- The children will be able to identify how people change as they grow up (baby, toddler, child, teenager, adult, elderly).

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- The children can begin to identify what the word change means and understand the concept of change in a practical and personal context.
- The children will be able to identify some small and some big changes that have happened in their lives and discuss how change makes them feel.
- The children will be able to reflect on their time in year one, identify some achievements and things they hope to improve on in the next academic year.
- The children will be able to talk about their feelings on progressing to a new year group in September.

Year 2:

RSE

- The children will develop their knowledge of different kinds of families and begin to use the correct terminology to describe family structures
- When discussing the difference between boys and girls, the children will begin to develop their understanding of gender and also explore gender stereotypes whilst continuing to use the correct terminology to describe the biological differences between boys and girls.
- To develop their understanding of the stages of human growth, the children will be able to identify the level of need/dependency/skills/independence that humans have at each stage of their lives.

Changes

- The children can develop their understanding of what change means by reflecting on changes in their own lives and in the lives of others.
- The children are able to begin differentiating between big changes and small changes and can identify a range of emotions that are associated with different kinds of change.
- The children are able to begin to appreciate that change is necessary and it helps us to grow and develop as individuals.
- The children are able to express how they feel about changes that will happen to them soon.

Year 3

RSE

- Using their existing knowledge of different types of families, the children will explore the correct vocabulary to use when describing different families and discuss why families might change.
- Building on what they know about the differences between boys and girls, the children will discuss the concept of privacy, personal space and how to keep parts of their body private.

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Changes

- The children can develop their understanding of change by identifying if a change is big, and therefore likely to have a significant impact on them, or small and therefore unlikely to cause negative emotions.
- The children can confidently use this knowledge to group changes that they have experienced in their lives.
- The children are able to extend and expand the emotive vocabulary they use to describe how changes might make them feel.
- The children are also able to identify changes that they will soon face and prepare themselves for these appropriately.

Year 4

RSE

- The children will develop their knowledge of different types of families and broaden their knowledge by talking about the importance of respect and tolerance for all family structures.
- The children will broaden their understanding of the differences between boys and girls.

Changes

- Children will discuss the concept of change and understand the different kinds of change that they may experience.
- They will discuss their own personal experience of change, different emotions that they may feel in response and learn different coping strategies.
- The children will be able to reflect on their time in year four, identify some achievements and things they hope to improve on in the next academic year.
- The children will be able to talk about their feelings on progressing to a new year group in September.

Year 5

RSE

- The children will discuss their thoughts on different family structures and identify that families are based on love, care and respect, whatever structure they take.
- The children will go into more detail when learning about the difference between males and females and label the parts of the reproductive systems as part of this learning.
- Finally, the children discuss why having a baby requires a male and a female.
- The children will learn the simple facts of human conception
- The children will identify and discuss different physical and emotional changes through puberty

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- Children will discuss the concept of change and understand the different kinds of change that they may experience.
- The children will be able to reflect on their time in year five, identify some achievements and things they hope to improve on in the next academic year.
- The children will be able to talk about their feelings on progressing to a new year group in September.

Year 6

RSE

- Building on their understanding of the differences between boys and girls, the children will challenge gender stereotypes that are communicated by the media and challenge their own opinions of boys and girls.
- The children will develop their existing knowledge of human conception.
- The children will identify and discuss different physical and emotional changes through puberty

Changes

- Children will discuss the concept of change and understand the different kinds of change that they may experience.
- They will discuss their own personal experience of change, different emotions that they may feel in response and learn different coping strategies
- The children will discuss how they feel about moving on to secondary school.
- The children will reflect on their time in primary school.

If you have any questions or queries regarding the RSE curriculum, please contact your child's class teacher in the first instance, or a senior member of staff.

Yours sincerely

The PSHCE Network team

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