



HARVEST WISH LIST 2023

Long grain easy cook rice	Mushy peas	Pasta Sauces
Basmati rice	Lasagne sheets	Baked beans
Pulses	Tinned soup	Coconut milk
Pasta	Mayonnaise	Long-life milk
Tinned beans	Vegetable Oil	Ketchup
Tinned chopped tomatoes	Sugar	Tea Bags
Hot Chocolate	Instant Coffee	Salt, herbs, spice
Takeaway Bag Fillers (long life snack food)		

Vouchers to spend in Sainsbury's to purchase meat and dairy products.
All dry food provisions need to be unopened and they cannot be expired.

NON FOOD ITEMS

Sleeping bags	Belts	Thermals
Boxer shorts	Women's pants	Socks
Long johns	Shoes + trainers	Gloves + Hats
Waterproof clothing	Warm clothing for Men and Women	
Backpacks/Rucksacks		
Deodorants-spray	Shaving foam	Razors
Sanitary products	Mouth wash	Shower gel
Tooth paste and tooth brushes		Shampoo
Washing up liquid	Kitchen towel	
Unwanted oyster cards	Unlocked mobile phones	Phone chargers
Sim cards		

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