



BJS Federation of Schools
Executive Headteacher: Ms A.Parker

Tuesday 27 th March, 2023

Dear Parents and Carers,

PSHCE Curriculum Update

During the Summer term, we will be teaching the children about how to stay safe and healthy. We will be following statutory Health Education guidance from the Department for Education. This teaching is therefore not optional and parents cannot choose for children to not take part.

The specific learning, over the next term, **in line with statutory guidance**, will be:

Topic: Physical health and fitness

- How and when to seek support including which adults to speak to in school if they are worried about their health

Topic: Health and prevention

- About personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing

Topic: Drugs, alcohol and tobacco

- The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking

The curriculum will develop as follows:

Year 1 – Staying Healthy, Medicines, People who give us medicines

Year 2 – Risk, Hazardous substances, staying safe

Year 3 – Why People Smoke, The effects of smoking on the body

Year 4 – The effects of alcohol, Risk

Year 5 – Legal and Illegal Drugs, Peer Pressure

Year 6 – Cannabis and Volatile substances, The effects of these on the body, Getting Help and Support.

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Our aim is:

- To promote and develop positive attitudes and behaviour towards good health;
- To enable pupils to make healthy informed choices;
- To foster and develop self-esteem;
- To provide accurate information;
- To increase understanding about the implications and possible consequences of use and misuse;
- To widen understanding about health and social issues;
- To enable young people to identify sources of appropriate personnel

We thank you for your support in ensuring that the children receive their full educational entitlement.

Yours sincerely,

Ms. A. Parker
Executive Headteacher

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