

Clapham and Brixton Hill Better Start Area

Maytree, Clapham Manor and Tree House Children's Centres

Weekly activity programme - Week 13th December 2021 Email: cc@maytree-school.org.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Top tips/learning outcome
<p>Salt dough christmas decorations</p>  <p>What you will need: 2 cups plain flour, 1 cup salt, 1 cup warm water, rolling pin, cookie cutters, string or ribbon, paints</p> <p>Mix flour and salt in a bowl. Add small amounts of water at a time and mix to form a dough. Turn the dough out onto a floured surface and knead. Roll your dough out and use cutters to make your decorations. Any leftover dough can be re-rolled and used again. Use a straw or end of a paintbrush to make a small hole in your decoration if you wish to hang. Leave decorations to dry before painting. Dough can be left to air dry for few days or in a warm oven for a couple hours (keep an eye on it so it doesn't brown)</p>	<p>Christmas sensory bottle</p>  <p>What you will need: A plastic bottle, christmas decorations such as tinsel, beads, sequins, pom poms, buttons etc</p> <p>Fill your bottle with your items and secure the lid using tape. Your sensory bottle is now ready for baby to shake and explore the colours and sounds.</p> 	<p>Melting marshmallow snowman biscuits</p>  <p>What you will need: 14 digestive biscuits, 14 marshmallows, 200g icing sugar, black and orange writing icing, strawberry laces</p> <p>Mix up the icing sugar with a little water so you have a thick paste. Use black icing for eyes and mouth and orange for the nose on each marshmallow. Spoon some icing onto each biscuit and then place the marshmallow snowman head on top. Wrap a strawberry lace around to create a little scarf</p>	<p>Hand and footprint cards</p>  <p>What you will need: Card, paper, paint, colour pens These are great as a baby's first christmas personalised card. Use your child's hand, foot or fingerprint to design a christmas card</p>  <p>Fingerprint Christmas Lights</p> 	<p>Christmas paper chains</p>  <p>What you will need: paper or card, glue, colouring pens, googly eyes</p> <p>Start by cutting your paper into strips for the chain. Children can help cutting with adult supervision. Next glue your strip together to make a circle, add another strip into your circle and glue end to start your chain. Continue this process until your chain is at desired length. Lastly choose one end of your chain to decorate with a face.</p> 	<p>Salt dough christmas decorations</p> <p>Children can help with measuring and mixing the ingredients. Babies can explore dough mixture once mixed</p> <p>Hand and footprint cards</p> <p>Allowing your child to get messy is a great way for them to express themselves while exploring different materials</p> <p>Christmas paper chains</p> <p>Cutting and gluing is a great way for children and babies to practice their motor skills. They will have a sense of achievement as they start to master the skill.</p>