

success for today, prepared for tomorrow

Thursday 22nd April 2021

Dear Parents and Carers,

This term we will be using our PSHE (Personal, Social and Health Education) curriculum time to teach our RSE (Relationships and Sex Education) syllabus.

The focus this half-term will be on teaching the fundamental building blocks and characteristics of **positive relationships**, with particular reference to friendships, family relationships, and relationships with other children and with adults.

The main focus for each year group will be:

Early Years /Year 1/ Year 2:

Caring friendships:

- How important friendships are in making us happy and secure.
- That most friendships have ups and downs and that problems can be overcome.
- How to recognise whom to trust and who not to trust, and how to seek help and advice if needed if someone is making them feel unhappy or uncomfortable.

Year 3

Families and people who care for me:

- That families are important for children as they give security and stability.
- That other families may look different to their own, but that they should respect those differences.

Year 4

Being safe:

• What sorts of boundaries are appropriate in friendships including the concepts of privacy and personal space, reference to use of ICT and using this safely as well as how to deal with situations that may make them feel unsafe and who to speak to if necessary.

<u>Year 5</u>

Respectful relationships:

- The importance of respecting people who are different to them.
- To look at bullying (including cyberbullying) and their responsibilities and understanding of how to get help for themselves or others if this happens.

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• The importance of permission seeking and giving in relationships with friends, peers and adults.

Year 6

Online relationships

- That people sometimes behave differently online, including pretending to be someone they are not.
- The rules and principles of staying safe online.
- How to critically consider their online friendships and sources of information, including from those whom they have never met.

If you have any questions or queries regarding the RSE curriculum, please contact me via the admin email and I will be happy to discuss this in more detail with you.

Yours sincerely

Mr. F. Connelly Senior Assistant Head Teacher for Inclusion.